## **Equine Spirit Sanctuary** presents...

## Writing & Riding with ANNA BLAKE

Writing Workshop & Private Riding Lessons Wednesday, May 11 and Friday, May 13, 2022



Anna Blake is a horse advocate, international clinician, and award-winning author. She trains horses and riders of all levels with an emphasis on affirmative training, equine communication, and mutual awareness. With wit and compassion, Anna helps us to understand the deep and powerful connection possible between horses and humans. Rider and auditors are welcome. Get acquainted with Anna and her "relaxed and forward" philosophy at annablake.com.

Award-winning author of six books and co-founder of Lilith House Press, Anna writes parables about horses and life. Small-group intensive writing workshops begin with a conversation about calming signals followed by writing prompts, along with group sharing and discussion. No horse experience required. No writing experience required, curiosity a must. It isn't about whether you want to publish, it's about telling a story.

Riding Lessons: \$80 per person; Writing Workshop \$80 per person. Sign up for either lessons or the writing workshop or both for \$150. Lessons will be scheduled in the morning, writing in the afternoon. You can arrange to bring your own horse for the lesson or ride an ESS lesson horse.



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