



Equine Spirit Sanctuary

2023 Workshops

Learn, experience, and share the magic of horses!

January 14 - New Beginnings

Exploring the healing power of intentions, core values and recognizing obstacles through somatic connection and community.

February 18 - Heart, Mind and Body

Exploring a heart-centered approach to relationships through mindful connection with self and horses.

March 18 & April 15 Tuning In and Tuning Up

Preparing yourself and your horse with in-hand work and body awareness to develop healthy movement and inner-stability.

Instructors: Robin Waugaman, Relational and Somatic Horsemanship and Aline Gittleman, Interspiritual Minister, student-therapist, and ESS volunteer.

Open to all levels of experience. 12:30 to 3:30 p.m.
\$50 per person. Partial scholarships available.



Weather permitting, classes will include hands-on work with horses.

**13 Los Caballos Road
Ranchos de Taos
575-758-1212**

www.EquineSpiritSanctuary.org

***Northern New Mexico Licensed Horse Rescue
and Equine-Assisted Therapies Center***