## Equine Spirit Sanctuary Presents Honoring the Spirit of the Horse: Awareness, Connection and Resiliency Thursdays 12: 30 to 2 p.m. beginning December 29

Open group discussion forum in which we meet weekly to share ideas and talk about our experiences with horses, lessons that we learn from horses, interacting with horses, and all the amazing things that they bring to our lives.

Come every week, once a month, or whenever you can.

Each week features a different topic. This group activity will be held through the winter months and may include hands-on working with horses also, depending upon the weather conditions. Suggested donation per weekly meeting is \$10 per person.



Facilitators: Aline Gittleman, Interspiritual minister, therapist and ESS volunteer and Robin Waugaman, Relational and Somatic Horsemanship

Open to anyone interested. Please RSVP to Ruth Email: ruth@equinespiritsanctuary.org or call 575.758.1212

